



EAT RIGHT INC.
Caribbean Restaurant

PLEASE CALL FOR PRICES

EAT RIGHT INC.

Caribbean Restaurant



SUNDAY BRUNCH

LARGE

SMALL

ACKEE AND SALTFISH
CALLALOO
MACKEREL
LIVER
KIDNEY

SALTFISH & OKRA
CABBAGE & SALTFISH
BUTTER BEAN & SALTFISH

PORRIDGE
FRY DUMPLING

PLEASE CALL FOR PRICES

EACH

SUNDAY BRUNCH
DISHERS SERVED WITH
YAM, GREEN BANANA,
BOIL OR FRY DUMPLINGS

FROM 11:00AM

DRINKS

LARGE

SMALL

SORREL
PEANUT PUNCH
IRISH MOSS
CARROT JUICE
FRUIT PUNCH
LEMONADE
ICE TEA

SPRITE
COKE
DIET COKE

COFFEE
LIPTON TEA (HOT)
PEPPERMINT
ORANGE JUICE

SOUPS

LARGE

SMALL

COWFOOT
RED PEAS
CHICKEN
BEEF
GOAT HEAD

SALADS

GRILL CHICKEN
GARDEN
CEASAR
POTATO



DESSERTS

ASK ABOUT OUR CAKE OF THE DAY: CHOCOLATE - STRAWBERRY - CARROT
CHEESECAKE - VANILLA - LEMON CREME - (PER SLICE)

JAMAICAN ICE CREAM: RUM RAISIN - GRAPE NUT (2 SCOOP) - (PER SERVING)
JAMAICAN SPICE BUN & CHEESE -

LUNCH / DINNER

LARGE

SMALL

CURRY CHICKEN
STEW CHICKEN
JERK CHICKEN
BAKE CHICKEN
BBQ CHICKEN (BREAST \$.75 MORE)
JERK WINGS
CURRY GOAT
OXTAIL
COWFOOT
STEW PEAS

PLEASE CALL FOR PRICES

*RASTA PASTA (ONE SIZE)
BROWN STEW FISH
ESCOVITCH FISH
STEAM FISH
KING FISH
*BUTTER SHRIMP
*CURRIED SHRIMP
*CURRIED LOBSTER TAIL
*GRILLED SALMON
BBQ BEEF RIBS

(ALL ENTREES ARE SERVED WITH WHITE RICE OR RICE & PEAS, VEGETABLES AND PLANTAINS) * (MADE TO ORDER)

LEMON PEPPER WINGS
BBQ WINGS
HOT & MILD WINGS
(10 WINGS)

FISH AND CHIPS
3 PC FRY CHICKEN RICE & PEAS
4 PC FRY CHICKEN RICE & PEAS & VEG.

KIDS COMBO

CHICKEN FINGERS (3)
ONION RINGS
FRENCH FRIES

(COMBO COMES WITH AN ACTIVITY AND A SMALL SOFT DRINK)

PLANTAINS (6 PIECES)
VEGETABLES
WHITE RICE
RICE & PEAS
JERK WINGS (8)

SIDE ORDERS

